

Thurston County Opioid Response Task Force

May 03, 2021 from 3:00pm-4:30pm

Thurston County Public Health & Social Services Department

Zoom Meeting – Virtual Only

AGENDA

Description	Action Steps/Items
Welcome / Review Minutes / Review Agenda	Schelli Slaughter welcomed everyone to the meeting, as Jon Tunheim was unable to attend The March minutes and the May agenda were approved without updates. Introductions were saved for membership updates at the end of the meeting.
Special Recognition of Larry Jefferson, Thurston County Public Defense	Katie Strozyk recognized Larry Jefferson from Thurston County Public Defense for his contributions to the work of the Thurston County Opioid Response Task Force and related efforts in the community – as he moves on to his new position as the Director of the Washington State Office of Public Defense. Katie shared an image of a glass plaque which was made for Larry as a thank you for the impact which he has had.
Washington State Opioid Response Plan 2021- 2022 Update	<p>Kris Shera, State Opioid Response Coordinator at Washington State Health Care Authority, shared an update of the State Opioid and Overdose Response Plan (SOORP) for 2021-2022 (see slides for additional information). The SOORP can be found here.</p> <p>The next deadline for revisions of the SOORP is June 1, with on-going revisions occurring every three months thereafter. Any suggestions or comments regarding the SOORP can be submitted directly to Kris.</p> <p>Kris explained that the SOORP is broken into 5 goals and discussed each of them briefly, noting the individuals who co-lead each goal as well as any current projects underway. The 5 goals within the SOORP are:</p> <ul style="list-style-type: none">• Goal 1 – Prevent Opioid Misuse• Goal 2 – Identify and Treat Substance Use Disorder• Goal 3 – Ensure and Improve the Health and Wellness of Individuals that Use Drugs• Goal 4 – Use Data and Surveillance to Detect Drug Use Trends, Monitor the Health and Wellness of Individuals Who Use Drugs, and Evaluate Interventions• Goal 5 – Support Individuals in Recovery

	<p>In addition to the 5 goals, there are supplemental work groups which function at the State level to focus on the needs of special populations. These work groups include pregnant & parenting, criminal legal, and American Indian/Alaska Native.</p> <p>Kris Shera pointed out that there is an added theme to the SOORP with this revision regarding that there is concern around the increase in stimulant use, noting the interest in exploring contingency management as a means for treatment of stimulant use. This fits in with the theme that non-abstinence-based treatment options should be explored, with strategies within the SOORP supporting this. The SOORP has also been revised to take action around all areas of health and wellness for individuals who use drugs, which is an expansion from prior efforts that primarily focused exclusively on prevention of death.</p> <p>Kris shared overdose death by drug type for the State level, which shows that there is an upward trend which increased in pace during COVID. There is an increase specifically in overdoses related to synthetic opioids, such as fentanyl. He also noted that when you look at demographic information for overdoses, BIPOC communities are disproportionately impacted in a major way.</p> <p>Within Goal 5 – Supporting Individuals in Recovery, there is work underway at Washington State Healthcare Authority to essentially map out all recovery capitalization and resources in the State to measure recovery readiness in each community. This mapping includes availability of assets and accessibility of such assets that are vital to successful recovery. Initially, this project will focus on services which are accessed by Medicaid enrolled individuals, due to project funding limitations. More information regarding this project will be available in the future.</p> <p>Kris also shared information regarding legislative updates. This update includes that \$13.5 million dollars came to the State from an opioid settlement with a pharmaceutical company, and that more opioid settlement funding is expected to be received in the future. This funding is spread across multiple projects, and it is not yet decided how the future funding will be spent – although it is expected to be a significant amount of money to be received. SB5476 was briefly touched on, as it is the bill response to <i>State v. Blake</i>. Through this bill, a Recovery Navigator program will be set up across the state and diversion will be required for drug possession cases prior to charging with misdemeanor possession.</p>
<p>Strategy Discussion Group Feedback and Local Plan Update</p>	<p>Katie Strozyk presented a summary of the feedback from the strategy discussion groups, as well as an update on the revision process for the Thurston County Opioid Response Plan for 2021-2022 (see slides for additional details).</p> <p>The Response Plan revision began in January 2021 and held Strategy Discussion Groups from February through April to gather community input on the Response Plan and potential changes. These Strategy Discussion Groups were held across 4 topic areas, with each topic having two 90-minute discussion sessions. At the March Task Force meeting, input from the treatment Strategy Discussion Group was shared. Katie gave an overview of the main themes which emerged from the final 3 Strategy Discussion Groups, which included overdose, pregnant & parenting, and criminal legal.</p>

The main themes/findings from the Strategy Discussion Groups were:

- Overdose Strategy Discussions
 - Expand to integrate overamping / stimulant overdoses
 - Pharmacy education about naloxone at State standing order
 - Address stigma around carrying naloxone and/or previous overdose experience
 - Fentanyl specific information
 - Older teen and young adult focus, fact-based education
 - Increase naloxone education and distribution (e.g., rural areas)
- Pregnant & Parenting Strategy Discussions
 - Increase pregnancy screening and access to family planning
 - Address stigma of past or current drug use
 - Engage individuals besides the birthing parent (father, caregiver, etc.)
 - Lack of consistent messaging around using Medications for Opioid Use Disorder (MOUD) while pregnant
 - Use the best available science to inform breastfeeding advice and decisions
 - Partner with jails to serve pregnant individuals while incarcerated
- Criminal Legal Strategy Discussions
 - Improve community education on stigma and jail Medications for Opioid Use Disorder (MOUD) services
 - Increase utilization of peers in justice related services
 - Ensure focus includes justice involved juveniles, not only adults
 - Continue to address and improve re-entry supports
 - Address impacts of *State vs. Blake* on people and systems
 - Increase coordination of corrections programs and community providers

For next steps, a summary report will be released regarding the feedback which was received at the Strategy Discussion Groups. From there, a revised Response Plan for 2021-2022 will be drafted and sent out to the Task Force to be reviewed at the July meeting. The plan will carry forward strategies and include newly proposed strategies. After the draft has been reviewed by the Task Force, it will be presented to the Thurston County Board of Health in August for consideration. Once approved, work groups will begin creating SMART objectives for the strategies.

Work Group Updates	<p>Katie Strozyk shared that the naloxone work group has not been meeting due to the Strategy Discussion Groups but will begin meeting again shortly.</p> <p>Jason Bean-Mortinson shared that the treatment work group has also taken a break from meeting. Their next meeting will be Thursday, May 13th.</p> <p>Mary Ann O'Garro shared that the data work group has not been meeting and has instead been using the Strategy Discussion Groups as a way to find out what data is of interest to explore in the future and where potential gaps/opportunities are.</p> <p>Gretchen Thaller shared that the pregnant & parenting work group has also taken a break from meeting to accommodate the Strategy Discussion Groups and that the next meeting will be Thursday, May 20th.</p> <p>Leatta Dahloff shared a new webpage which the prevention work group has developed around opioids and teens, available here. This webpage includes resources on how to talk about substance use with the people you care about, how to talk to your health care provider, and how to safely store and dispose of medication. The webpage includes links to many other supplemental resources around substance use prevention and response. The work group's next step is creating a Spanish version of the webpage, and then creating a secondary webpage around opioids and older adults. The work group is also developing a communication strategy for how to promote the safe storage and disposal of medications. The next meeting is Friday, May 21st.</p>
Membership Updates / Funding & Partnership Opportunities	<p>The following updates were shared during the roundtable:</p> <ul style="list-style-type: none"> • Cindy Grande shared that the Olympia Bupe Clinic will be holding a vaccine clinic for their patients, in a partnership through the Olympia Free Clinic. Olympia Bupe Clinic is also exploring finding funding to begin treating for hepatitis-C on-site. • Cody Cohan shared that Family Support Center has some limited availability at their shelter. • Mary Ann O'Garro shared that an additional year of funding was secured for Kateri Wimsett to do additional naloxone education and training, as well as for her to support the prevention and pregnant & parenting work groups. • Carrie Hennen shared that Treatment Sales Tax will have announcements in approximately two weeks regarding funding awards for the next funding cycle. • Dani Madrone shared that the Nisqually Tribe will be developing a Medications for Opioid Use Disorder (MOUD) facility in Olympia, and more information will be coming soon. • Keylee Marineau shared that the homeless/housing request for proposals is still under review, and that funding awards should be announced sometime in June. A request for proposals has also been released for the scattered site pilot project, a partnership with City of Olympia, which will formally support encampments through case management and hygiene services. • Schelli Slaughter shared that there are lots of COVID-19 vaccines available and encouraged everyone to reach out if there is a way to partner with any agencies and for individuals to take advantage of the vaccine availability.

Schedule & Next Steps

Next Task Force meeting:

July 12, 2021 from 3:00 pm- 5:00 pm.

VIRTUAL ONLY – NO IN PERSON ATTENDANCE

<https://washington.zoom.us/j/93135046667>

Call-in: 1 (253) 215-8782 Meeting ID: 931 3504 6667

If you are interested in additional information regarding the Thurston County Opioid Response Task Force, would like to join a work group, or have further questions – please contact Katie Strozyk at katie.strozyk@co.thurston.wa.us or (360) 878-1261

Name	Agency
Bean-Mortinson, Jason	Thurston-Mason BHASO/OHRC
Benavente, Danilynn	Providence Chemical Dependency Center
Cohan, Cody	Family Support Center
Dahlhoff, Leatta	Tumwater City Council
Gallo, Maria	Public Defense
Graham, Wayne	Prosecuting Attorney's Office
Grande, Cindy, MD	Pioneer Practice / Olympia Bupe Clinic
Griffin, Tiffany	Public Health & Social Services
Hemmerle, Sean	WA State Department of Health
Hennen, Carrie	Public Health & Social Services
Knudsen, Jessie	Prosecuting Attorney's Office
Lynch, Zach	Cascade Pacific Action Alliance/CHOICE
Madrone, Dani	Olympia City Council
Marineau, Keylee	Public Health & Social Services
McKellery, Sharon	Washington Hope
Miley, Monica	Public Health & Social Services
Moore, Caitlin	Cascade Pacific Action Alliance/CHOICE
O'Garro, Mary Ann	Public Health & Social Services
Pierce, Krystal	Olympia Bupe Clinic
Shera, Kris	WA State Health Care Authority
Slaughter, Schelli	Public Health & Social Services
Sisson, Linda	Family Support Center
Strozyk, Katie	Public Health & Social Services
Terry, Priscilla	Community Member
Thaller, Gretchen	Public Health & Social Services
Willis, Shelly	Family Education and Support Services
Wimsett, Kateri	Public Health & Social Services